



# TECOMA TIMES

## Tecoma Primary School Newsletter



1536 Burwood Highway,

Tecoma VIC 3160

Tel: 9754 2354 Fax: 9754 2049

Email: [tecoma.ps@edumail.vic.gov.au](mailto:tecoma.ps@edumail.vic.gov.au)

Website: [www.tecomaps.vic.edu.au](http://www.tecomaps.vic.edu.au)

Principal : **Rohan Thompson**

Assistant Principal: **Di Double**

7th November, 2019

### FROM THE PRINCIPAL

#### **DATES TO REMEMBER**

#### **NOVEMBER**

**Friday 8th**

Whole School  
Swimming

**Wednesday 13th**

Step into Prep  
Yard Familiarisation

**Friday 14th**

Whole School  
Swimming

**Monday 18th**

Graduation Photo's  
Year 6

**Wednesday 20th**

HMAS Castlemaine  
Year 5's

**Thursday 21st**

Whole  
School Colour Run

**Friday 22nd**

Whole School  
Swimming

Vic Cup Volleyball  
Select Students

#### **CLASS FORMULATION**

I would like to thank all of the parents who took the time to share information with me recently, regarding their child's class/group placement for next year. I was impressed with how well each submission had been presented and that parents/guardians understood that the process of making grades up each year was complex, and that all children's needs must be carefully considered. The due date for letter closed last Friday afternoon.

On the whole, parents did respect not requesting teachers though some did try to get this through the system. As stated in previous editions, letters that request teachers won't be considered.

Our staff work hard to set up balanced, fair and productive classes across the whole school. As staff continue with the thorough process of allocating children to class groups, many meetings occur and all children will be placed into a class group for next year, with at least one friend of their choosing.

#### **THE COLOUR BLAST**

Our special colour fun blast for 2019 is on Thursday 21st November on our school oval. If we have inclement weather, we will use the 28th instead. I hope that our students are looking forward to getting involved. The colour run has a dual purpose, both as a fun special event for students, and a fundraising event for our school. Money raised from the colour run will go towards the junior school playground.

#### **PREPARING FOR 2020 - WHAT IS STUDENT TRANSITION?**

Student transition involves the programs, processes and opportunities used to support students entering, moving through and exiting our school. Our transition program supports students transitioning:

- Into school – 'Kinder – Prep' and new student enrolments from P-6
- Through school each year - As students progress through each Year level and
- Exiting the school - Year 6 to Year 7 and accessing special education settings.

### **Why is a transition program important?**

Each student's life experience is different. Our students come from many different backgrounds as well as a variety of family structures. Each child will have developed a range of skills and abilities that form the basis of their positive school experiences and ability to adapt to new situations.

Throughout each child's school journey the various stages of transition creates periods of change for the child and their family. These periods can be both challenging and exciting. The aim of our transition program is to support each student to make every transition as smooth as possible. It is important to understand that the preparation for each stage of transition starts well before students take their next step and is supported through a combination of special and whole school programs.

### **How are Tecoma P.S students supported through the phases of transition?**

Student transition is most successful when:

- Each student's sense of belonging at school is strong
- Processes are in place to build familiarity and reduce anxiety and students are supported to build their capacity to adapt positively to change.
- The key components of our comprehensive transition program are delivered through our curriculum, whole school teaching practices, special programs, parent evenings and meetings. Next week, we have our transition week where children are mixed up into next years level, re-acquainting themselves with friends from other classes. Then on Thursday, they choose 6 friends they would like to be with next year.
- The list provided below is not exhaustive but provides further insight into our multi-dimensional transition program.
- Sharing reflections on extra-curricular events to expose our younger students to some of the different activities our older students do (for example camps and excursions and incursions)
- The use of our data tracking GradeXpert program to give teachers a clear picture of student progress
- Staff visiting other classes.
- Specialised programs
- Kinder – Prep Transition
- December 10th Transition morning where all students meet in their 2020 classes.
- Whole school special days and events where students spend time with different teachers, students and in various rooms. (For example Japanese Day, KidsMatter Days and the like...)
- The leadership hour on Thursday where our whole school cross tutors
- Parent Involvement - Information Nights, Science and Invention nights, Forums, Welcome to Tecoma Evening / Teacher Interviews and meetings

Speaking of transition, our Grade 6 students will soon be visiting their new Secondary Schools with a mix of emotions—perhaps excitement, perhaps a little anxiety?

- These times provide great opportunities for parents to have a family chat about these feelings and how normal they can be. Parents can be strong role models through these times by sharing their experiences in relation to how they overcame their worries as they moved through different phases of their life. Our children look to us for a validation of their thoughts and feelings—many concerns can be put to rest over a family dinner discussion.
- The ability to be resilient during challenging times is a life skill that will be used throughout a child's life. Resilience is the ability to 'bounce back' from life's difficulties. Teaching explicit skills in relation to the development of resilience is part of our "KidsMatter" and "Bounceback" programs. It is vital to help children develop resilience strategies that promote well-being and develop coping mechanisms.
- Andrew Fuller is a clinical psychologist and he describes resilience as "the happy knack of being able to bungy jump through the pitfalls of life – to rise above adversity and obstacles."

### ***Tips for building resilience in children:***

- 1. Make connections** Teach children how to make friends and develop empathy. Encourage them to be a friend in order to get friends. At school, watch to make sure that one child is not being isolated. Connecting with people provides social support and strengthens resilience.
- 2. Teach children to help others** Children who may feel helpless can be empowered by helping others. Ask for help with a task they can master. At school, brainstorm with children about ways they can help others.
- 3. Daily routine** Following a routine can be comforting to children, especially younger children who crave structure in their lives. Encourage children to develop their own routines.
- 4. Take a break** Although it is important to stick to routines, endlessly worrying can be counter-productive. Show children how to focus on something besides what's worrying them.
- 5. Self-care for children** Teach children the importance of making time to eat properly, groom themselves, exercise and rest. Children need 'down time' to relax, so make sure that not all free time is filled with a scheduled activity.
- 6. Goals** Teach children to set reasonable goals and move toward them one step at a time. Moving toward that goal and receiving praise for doing so will focus children on what they have accomplished.
- 7. Nurture a positive self-view** Help children remember ways that they have successfully handled hardships in the past and how this can help them handle future challenges. Help children learn to trust themselves to solve problems and make appropriate decisions.
- 8. Be optimistic** Even when children are facing very painful events, help them look at the situation in a broader context. A positive outlook enables children to see the good things in life and keep going even in the hardest times.
- 9. Self-discovery** Change and tough times are often when children learn the most about themselves. Help children to see that this is a good time to find out "what they are made of." Change can be scary for young people, help them to see that change is part of life.
- 10. Make home a safe haven** Home should be a haven, especially as your child matures and encounters more freedoms and choices and looks to home to be a constant, safe and emotionally secure place in his or her life.

### **STUDENT LEADERSHIP AND CRITERIA**

Our staff have been talking to the grade 5 children about student leadership positions at our school for 2020.

As students move into Year 6, opportunities for each child to partake in a number of formal and informal leadership roles are expanded.

Our formal leadership roles in 2020 are:

- \* School Captains
- \* House Captains
- \* Environment/Kitchen Captains
- \* Art Captains
- \* Music Captains
- \* Science Captains
- \* Computer Captains
- \* Junior School Council
- \* Performing Arts Captains
- \* Student Action Group

The Role of School Captain is set out as follows:

- Represent Tecoma Primary School and its students with distinction.
- Lead and organise weekly assemblies.
- Respond to requests from Principal and teachers.
- Escort visitors around our school with confidence and good manners.
- Use initiative to catch up on lessons missed due to representing our school.
- Show responsibility to carry out specific jobs once learnt without having to be reminded
- Exhibit the confidence and maturity required to speak in front of a large audience at events. These may include assemblies, impromptu speeches for special visitors and special events.

We will announce the 2020 School Captains in the coming weeks.

### **Cyber Safety Warning**

There is a constant stream of information in the newspaper about social media, and I caught up with an article in the Age recently about the many risks for children. This article focused on new social media platforms such as Tik Tok and Discord, with a warning to parents that these platforms are designed for users who are at least 13 years old. These platforms may contain content that parents might not otherwise allow their children to access. There are also users on these services who are trolling for contact with children, often posing as other kids. It's all quite scary, so please keep this in mind if students are asking to use these platforms.

While talking about cyber safety, today I attended a regional briefing on the new Ministerial Order passed in Victorian parliament regarding the prohibition of students using mobile phones during school hours. While it mainly affects upper level children at our school, it certainly has implications for our grade 6 children heading off to high school. Schools are approaching how the phones are stored in different ways but the guidelines are clear, phones must be turned off and locked away during school hours. I will have more for you on this and the reasons why in following newsletters.

### **TAKE HOME BOOKS**

In talking to our literacy leaders, we are missing a substantial amount of the take home and library books that the children read. Can you please look under the bed, in the car, in the bedroom, in school bags, under mattress; anywhere that you think might be a likely spot where these books might have disappeared to and send them back to the school so we can continue to re-circulate them.

We did a big buy up of these at the beginning of the year and with budgets tighter next year, we need to maintain the level of resources that we have in the school.

Thanks for your support.

### **PUPIL FREE DAY**

A reminder that **MONDAY DECEMBER 9, 2019** will be our final pupil free day for the year. No children will be at school that day as staff will be working on planning in teams for the 2020 year. Please lock this date in your calendar and I will constantly remind the community through the newsletter.

### **THIS WEEK AT ASSEMBLY**

**There was no assembly this week as over half the school took a long weekend.**

See you around the school  
Rohan Thompson  
Principal



On Monday, 11<sup>th</sup> November students and staff will commemorate Remembrance Day which is a significant day in Australia. Remembrance Day commemorates the noble sacrifices of armed forces and civilians during times of war. At the 11<sup>th</sup> hour of the 11<sup>th</sup> day of the 11<sup>th</sup> month, one minutes silence is observed across the country to mark the end of hostilities on the Western front during WW1 after four years of warfare.

Poppies are available from the office with all proceeds going to the RSL.

## **OFFICE NEWS**

### **NOTICES**

The following notices have been sent home:  
Knox Bike Ride—Year 5's  
HMAS Castlemaine—Year 5's

### **TERM 4 LEVIES**

**Prep - \$30**  
**Grade 1 & 2 - \$30**  
**Grade 3 & 4 - \$14**  
**Grade 5 - \$14**  
**Grade 6 - \$71**

Please make sure you are up to date with your term levy payments.

### **QKR**

**PLEASE DO NOT MAKE PAYMENTS UNDER \$10 THROUGH QKR**

### **ABSENCES**

If your child is not well or going to be absent, please notify the school via FlexiBuzz by 10.30am on the day of their absence.

**This DOES NOT incorporate the OSHC.**

**A separate message to OSHC service will also need to be sent to them within the required time frames.**

**OFFICE TRANSACTIONS** *Will only be taken up until 4pm.*

### **UPDATE CONTACT DETAILS**

With fire season fast approaching it is a good time to remind our families to ensure that all your details are up to date at the school. Your current enrolment details will be sent out by email for you to check your details and if you have changed address, got a new phone number or have a new alternative contact please correct these details and return the form to the office ASAP so that we are able to update your details.



## STUDENT OF THE WEEK



GRADE	NAME	REASON
Prep W	Neave H	Neave has been putting a lot of effort into her writing this term. I love the way she takes on feedback and is willing to add extra details to her writing to make it even better! Keep up the good work Neave!
Prep Y	Millie F	Millie your efforts during our pattern making lessons were to be commended! You worked really hard to extend your knowledge, and made some complex patterns using blocks and paper, I loved seeing you work with others as well to support them with their pattern creations! Great work!
1C	Finn M	For his open-minded portrait. Finn, you used your creativity when writing what the robber might be thinking in a moment of the story. You even used a question in his thoughts! Fantastic work :)
1V	Ava M	Ava, I have been really impressed with the way you work through tasks and move on with the next one when finished. Your excellent attitude to your learning is to be commended. Congratulations!
1V	Isaac B	Isaac, the enthusiasm and energy you bring to school each day is very infectious and makes you a valuable member of our class as it gives us a smile! During our Mascot Challenge for cricket skills, you also displayed skills of good sportsmanship. What a great role model Isaac!
3M	Ollie P	Ollie has been so determined to experience success when completing vertical addition with trading. He has tackled each problem with determination and persistence. Well done Ollie. You have such a wonderful attitude to learning. Keep it up!
3R	Mikayla S	Mikayla puts in her best effort into every activity at school. She never shies away from a challenge and is always eager to learn and grow.
3W	Toby H	Toby showed great interest as we discussed the message and reason for studying the poem "In Flanders Fields". He included many of these notes in his writer's notebook and illustrated it appropriately. You do love your history Toby.



## STUDENT OF THE WEEK



GRADE	NAME	REASON
4R	Eva M	Eva is one of the first students in our grade to make sure no one is left out. Your kindness and strong sense of inclusion make you a joy to have in our room!
5G	Caitlin W	For always finding a creative way to present her thoughts and ideas. Caitlin creates beautiful works of art for every and any piece of work we do. She took a Writer's Notebook task to the next level by sketching a life-like interpretation of the book's antagonist and writing down what he might be thinking. Thank you for creating such a wonderful exemplar of work to share with the class!
5HS	Seb B	Seb, thank you for showing respect to everyone in Grade 5. You listen to others when they are talking, you help other people when they are in need, and you respect the learning environment by applying yourself in reading, writing and maths tasks this Term. Well done for sharing your work so confidently in front of the class!
6F	Rhy C	Rhy was such a wonderful team member throughout our City Experience! In the lead up, he helped his group out and on the day, he was delightful and thoughtful. Thank you for making my experience one to remember Rhy!
Japanese	All of 4R	For respecting and encouraging each other throughout the lesson. Fantastic work!



## UNIFORM SHOP

Please note that the Uniform Shop hours have changed!

Tuesday Morning 8:30am to 9:15am

Thursday Morning 8.45am to 9.30am

Thursday Afternoon 3.15pm to 3.45pm

**PLEASE NAME YOUR CHILD'S  
UNIFORM STRAIGHT AWAY!**

## MUSIC LESSONS AT TECOMA P.S.

### **PRIVATE TUTORS**

#### Drums/Singing/Other Instruments

Jordan Scotney 0408 881 395

#### Piano

Amanda Collins 0478 166 709

#### Guitar

Juan Aravena 0402 688 836

#### Violin

Lore Burns 0431 224 262



Irish Dance Classes Tecoma  
New Beginners Welcome  
Thursday & Saturday classes  
Pre-school, Primary &  
Adult Classes  
No compulsory uniform,  
costumes, or performances.  
No registration fees.  
Contact Kate: 0434 517 636  
kate\_bilton@hotmail.com



## CHROMEBOOK TESTIMONIALS

*I love Chromebooks. They're so easy to use with their touch screen and their fold back keyboard. You can have so much fun with them, whether it's browsing for new wallpapers or typing with the screen keyboard. These computers are small and easy to carry. When you open the light lid it automatically turns on and comes up with your very own customized profile picture.*

*When you open up chrome it comes up with your last search so it makes it very easy to find what you were looking for. This invention comes with several different ways to type. Whether it's using the keypad, using the touch screen or even drawing your words on the note pad! It makes it easy for you in every way possible. These Chromebooks are by far the best and most easy to use computers around!*

**-Sadie 5HS**

*I love Chromebooks. Chromebooks are very easy and quick to work because of their touch screen. It is very simple to find the things you're looking for. They are very small and easy to carry. Chromebooks automatically turn on and it knows all your recent searches and the things you're usually working on. There are lots of very easy ways to type, such as drawing the letters, using touch screen or just using the normal keyboard. Down the bottom is all your most popular searches. The Chromebooks are definitely the best.*

**-Evie 5G**



# School Sports Victoria Eastern Region Athletics Championships

Congratulations to Jed F, Emily H, Inid H, Tia M, Audrey T, Lucinda V, Hugh V, Sonny S, George T, Dane S, Neassa C, Emily P, Tilly F, Indi F, Evie O, Taliyah W and Billie G who all participated in the School Sports Victoria (SSV) Regional Athletics Carnival on Thursday 17<sup>th</sup> October at Nunawading Athletics Track. All students participated to a very high standard and represented Tecoma proudly.

Well done to all our fabulous athletes!

## Hoop Time Basketball

Congratulations to our All Star Girls team who competed in the regional finals on Monday 28<sup>th</sup> October. Our girls won two games, lost one and proceeded through to finals.

Thank you to Jack Connell for coaching our team and Zoe McLellan for transporting the girls.

Great effort girls.



# ***Tecoma Twilight Ethical Market***

In November this year, the hills community will be given the opportunity to make their money go further when Tecoma Uniting Church host their inaugural Tecoma Twilight Ethical Market.

In what will be the perfect pre-Christmas market, Tecoma Twilight will promote living and buying ethically through stall holders who support ethical trading, community empowerment and sustainable practices. This means that spending your money at any of the 60 plus stall holders will help create positive change locally and globally.

Quality, local food vendors and a stellar line up of local performers will ensure a great community event for the whole family.

This is a market unlike many others. It aims to be waste free with stall holders encouraged to avoid plastic. Food vendors will only distribute compostable bowls and the fair-trade coffee will only be served in market goers own cups or in mugs to be washed onsite. Even the seats will be compostable.

The entertainment will feature a host of local artists and choirs including Vokalista and the ***Tecoma Primary School choir***. There will also be some family friendly activity stations, such as crafting and garland making whilst the music and stalls buzz around it.

Funds generated from the event will go to Foothills Community Care – a local not-for-profit group who run a community meals night in Upwey and who support people through experiences with family and domestic violence, drug addiction, homelessness, poverty, mental health issues, and social isolation.

17th November 4-8 pm. Tecoma Uniting Church, 1566 Burwood Highway, Tecoma.

[www.tecomauc.org.au](http://www.tecomauc.org.au)



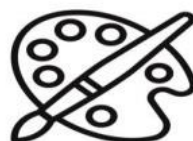
FAIR  
TRADE



UPCYCLED



ECO  
FRIENDLY



LOCALLY  
MADE



COMMUNITY  
EMPOWERMENT



GIFTS / FOOD / MUSIC

# Tecoma Twilight ETHICAL MARKET

4-8 PM

SUN NOV 17

GIVE TWICE THIS CHRISTMAS:  
ETHICAL BUYS THAT BRING JOY &  
GIVE BACK TO THE WORLD

TECOMA UNITING CHURCH





Hope

in the hills christian church

PROUDLY PRESENTS

# Carols

AT CONVENTION

**Saturday  
14 December 2019**

CONVENTION AVE, BELGRAVE HEIGHTS

**FREE FAMILY FUN  
5:00 - 6:30PM**

Jumping castle, petting zoo, face painting, fairy floss  
Sausage sizzle with proceeds supporting Belgrave South CFA

**COMMUNITY CAROLS  
6:30 - 8:30PM**

Alcohol free event



PROUDLY SPONSORED BY





Upwey  
SCOUTS



## Christmas Tree Order Form 2019

Christmas Trees can be pre-ordered for pick up. Make your Christmas less stressful!

Where: At the Upwey Community Hall Car Park, Cnr Burwood Hwy & Mast Gully Rd.

When: Sat 30<sup>th</sup> Nov or Sun 1<sup>st</sup> Dec, or Sat 7<sup>th</sup> or Sun 8<sup>th</sup> of December between 9.30 am to 4 pm

### Place The Number Of Trees You Wish To Order In Box Below

Choose any size tree at the special pre-purchase price of \$55 per tree.

*Remember, on your preferred pick up day, the earlier you are the more choice of tree heights & shape you will have!*

### Pick up date (select one)

☐

Saturday 30<sup>th</sup> November at Upwey Community Hall Car Park.

☐

Sunday 1<sup>st</sup> December at Upwey Community Hall Car Park.

☐

Saturday 7<sup>th</sup> December at Upwey Community Hall Car Park

☐

Sunday 8<sup>th</sup> December at Upwey Community Hall Car Park

☐

I wish to purchase a Tree Stand/s for an additional cost of \$25 each, per stand and will include this amount with my tree/s payment to your bank account.

### Payment - Direct Deposit

Please pay by EFT or over the counter into our Bendigo Bank Account by Wed 27<sup>th</sup> Nov 2019

1st Upwey Scout Group BSB: 633 000 Account Number: 130 921 869

**IMPORTANT:** Please use the SURNAME that appears on this order form, along with "XMAS" as REFERENCE on your payment. (e.g. EvansXMAS)

Please make payment by Wednesday 27<sup>th</sup> November 2019 then either:

- ★ scan & email this completed order form to: [ken.stanford@optusnet.com.au](mailto:ken.stanford@optusnet.com.au);
- ★ or place in the letterbox at 14 Lilian St. Upwey;
- ★ or photograph your order with your smart phone and text to 0407 596 008

Please contact Ken Stanford if you have any questions or difficulties on 0407 596 008

**Note:** This "Any Tree for \$55 offer" is for trees pre-paid only and money must be deposited to our bank a/c on or before by Wednesday the 27<sup>th</sup> November 2019

### Your details

Name

Phone number

Email address

Payment Reference that will appear on EFT transfer (Example "EvansXMAS")

**We really appreciate your support – Merry Christmas from 1<sup>st</sup> Upwey Scout Group**

Be Prepared...

for new adventure!

# **Monbulk College**

# **Arts & Technology**

# **Exhibition**



Artwork by Ella Assender, Yr 9

**Thursday, November 14th, 5-7pm**

T-9751 9000 David Hill Rd Monbulk

[www.monbulkcol.vic.edu.au](http://www.monbulkcol.vic.edu.au)





**Knox Skate & BMX Park**  
Cnr Ferntree Gully Rd & Gilbert Park Dr  
(Carpark end of Forbes Close)  
Knoxfield



## GIRLSK8 SESSIONS

**LAST SUNDAY OF THE MONTH**

**BEGINNERS 11:30**

**INTERMEDIATE 12:30**

**ALL FREE! ALL EQUIPMENT PROVIDED!**



**Knox City Council**



Cnr Ferntree Gully Rd  
& Gilbert Park Dr, Knoxfield  
(Carpark at end of Forbes Cl)

## SKATEBOARDING LESSONS

- BEGINNERS - INTERMEDIATE
- LESSONS ARE FREE
- EQUIPMENT PROVIDED FREE
- AGES 5-105
- ALL ABOUT HAVING FUN & GAINING CONFIDENCE!

	TERM	HOLIDAYS	DAYLIGHT SAVINGS
Monday		11:30 - 12:15	
Tuesday		11:30 - 12:15	
Wednesday		11:30 - 12:15	
Thursday		11:30 - 12:15	
Friday		11:30 - 12:15	5:30 - 6:15 Fortnightly EVENING SESSION
Saturday	11:30 - 12:15	11:30 - 12:15	11:30 - 12:15
Sunday	11:30 - 12:15	11:30 - 12:15	11:30 - 12:15



@KNOXSKATEPARK



@KNOXSKATEPARK



SKATEPARK.YMCA.ORG.AU







## RANGES TREE WORKS



**Ranges Tree Works is situated in the heart of the Dandenong Ranges and specialises in tree removal, dead tree removal, emergency tree work, tree maintenance and other tree services.**

Servicing throughout the Dandenong Ranges, Emerald, Cockatoo, Gembrook and surrounding suburbs.

We offer a premium service at competitive rates.

Using only Professional, Certified and Insured Arborists to get your tree work done in a safe and efficient manner.

### **We specialise in:**

- Large Tree Removal
- Pruning and Tree Restoration
- Dead and Dangerous Tree Removal
- Confined Space Tree Work

### **We also provide:**

- Mulching
- Stump Grinding
- Tree Management Advice

## **RANGES TREE WORKS**

**Phone:** John 0487 101 017 / Tracey 0438 380 674  
**Email:** johnrangestreeworks@gmail.com  
**Web:** www.rangestreeworks.com.au



Pilates □ Orthotics □ Remedial Massage

- Back/neck pain
- Sports injuries
- Headaches
- Overuse injuries

- Sprains/strains
- Falls & balance
- Post-surgical rehab
- Women's health